



Nathalie Ducrot

MCC, Master Certified Coach and approved Mentor Coach & Assessor by ICF

MA, Master Leadership and Communication

Executive and Team Coach, Learning Facilitator & Training Designer

Certified Coaching Supervisor with Federal Diploma

Strategic thinker, Author and Speaker

Experience: 20 years as leader and 12 years as Executive and Team Coach

Location: France and Switzerland

Languages: French and English

I lived in: France, UK, Switzerland, Mali

Expertise at a glance

Being passionate about people development, I acquired first-rate certifications and accreditations in executive and team coaching, facilitation, training design and delivery. My curiosity for learning led me to explore a wide range of disciplines and skills to enable individuals, teams and organizations to achieve tangible and sustainable value. I am also a certified trainer, facilitator and coach by profession with extensive experience working at executive and management levels in a variety of human resource and organizational development areas. I often coach and debrief clients who want to move forward in their leadership career in UN agencies, governmental and non-governmental organizations, as well as, in international companies.

Main key areas of expertise : Leadership Impact. - Effective Communication.- Essential Motivation

I am a strong promoter of the power of optimism with a deep interest in wellbeing in the place of work. I see coaching as a form of serving my clients. My practice is solution-oriented and combines ancient wisdom, such as mindfulness, with recent insights in neuroscience and positive psychology. Having lived and/or worked in several countries has generated in me a deeper understanding of diversity allowing me to better tailor approaches to my client's needs. With this first hand in international experience, I help each to develop their individual talents to enhance team effectiveness, and ultimately, contributing to a better world.

My Resource Values are Open heart, Motivation, Connecting

Professionally I put my heart into promoting optimism for greater impact and success

I have seen that developing people, team and organization contributes to a better world

Three words that my clients often use to describe me are positive impact, solution oriented, empowering