



## Virginia Williams, MBA, PCC

Executive Coach and Mindfulness Mentor  
Speaker, Facilitator, Author, Trainer  
Creator of *Peaceful Productivity® Executive Coaching*  
MBA, University California Berkeley  
International Coach Federation Professional Certified Coach  
(PCC)  
Newfield Certified Coach™; Evidence Based Coach; Appreciative Inquiry Coach; Somatic Coach, and others.

<b>Experience:</b>	20 years+ as Corporate Leader, 15 years+ as Executive Coach
<b>Location:</b>	Based in Switzerland (My clients are located around the globe)
<b>Languages:</b>	English (native) and French (fluent)
<b>I lived in:</b>	USA (including Hawaii), France, and Switzerland

### Expertise at a glance

*I am your thinking partner and learning catalyst.* My clients say that coaching with me is a thought-provoking and creative process that inspires and challenges them to take quality time for self-reflection, to sense what works and what doesn't, and to take action where it matters most. You become more self-aware, discover how to use your key strengths, align core values, enhance mindful leadership and emotional intelligence, and realize greater ease and meaning at work. You develop hands-on practices to maximize your personal and professional potential.

I have extensive international and multicultural experience in multinational, inter-governmental and non-governmental organizations. Among my clients are senior executives, women in leadership, high potential and team managers. I am certified to deliver and interpret 360° and other assessment tools.

I created *Peaceful Productivity® Executive Coaching* methodology, to enable already successful leaders to examine all dimensions of themselves and to expand parts of themselves that are dormant, or in need of expression into their life. *You become a better, happier, more productive YOU!*

**My Personal Values** are Peace of Mind/Inner Harmony, Love and Caring Relationships, and Engaging in Meaningful Work for a Better World

**Professionally I put my heart into** bringing *Peaceful Productivity®* to all aspects of life

**I have seen that** focusing on relationships, practicing mindfulness, and developing self-awareness and self-mastery are significant keys to happiness and success

**Words that my clients often use to describe how they experience me –** support and challenge, insight and motivation